

 Ensure climate adaptation & mitigation plans address the unique needs of women, the barriers to women’s full participation in the economy, which include; childcare and elder care services, occupational segregation, the gender pay gap, and legal and social restrictions they face globally.

# GET INVOLVED ….

Are you ready to join the thousands of Zonta members and partners worldwide who are currently making sustainable differences to benefit women and girls? **Learn more about becoming a member at sanduskyzonta.com**

zontadistrict05.org

**Zonta International** supports United Nations Actions to Increase Climate Change Awareness & Resiliency for women, with goals to:

**Women’s Rights are Human Rights.** A Zonta International Service Organization is near you. Join a Zonta club and make a difference for women and girls in your local community and around the world! Take a stand for women’s gender equity with leadership training, networking, fellowship, and advocacy & service endeavors that **Build A Better World for women and girls!**

**web:** www.sanduskyzonta.com.

**email:** president@sanduskyzonta.com

**Linda Miller Moore**

Meetings are held the 3rd Friday of the month,12 noon, Huron Yacht Club.

**Personal Items–** Toys, Cards, Family Photos, Contact Info for Family & Friends, Awards, Jewelry, Hand-held video games, etc.

**Supply List for**

**Grab & Go Bag**

**Water and Food**- Beverage Container, a Water purification device, Protein bars, Candy, Pet food, Bottled-non-refrigerated drinks, canned food.

**Medical Supplies -** Prescriptions, First Aid Kit, Sanitizer, Period supplies, Glasses, Sunscreen: Hard Candy, Test Strips & Insulin (diabetics), Walkin Canes, etc.

**Documents and Money -** ATM, AAA Card, Vehicle Registration, Debit/Credit Cards, Insurance Cards, Cash, Checkbook, all in Waterproof bag.

**Clothing & Footwear -** 2 Changes of clothes, Jackets, Hats, Gloves, Shoes, Underwear, Diapers, Weathering the elements: Sun, Cold, Rain, Wind protection such as raincoats, windbreakers, blankets, fitting into a carry-all bag.

**Tools & Equipment -** Phone, Whistle, Flashlight, Batteries w/charger, GPS locator, Canned food opener, Matches, Map, Hand-cranked radio

**Important Bank & Financial Documents** Bank Statements, Will, Power of Attorney, Home Mortgage & Insurance forms, Marriage Licenses, Details for electricity, gas, water, internet, accounts-phone, numbers.

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hospital emergency department, chemist,

optometrist, dentist, and any other medical
providers you need to contact in an emergency.

Your current medications, medical aids and

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Will you need food and water? If so, how much?

How often will you rotate it in your disaster kit?

Will you need to purify water, such as boiling,
filtering, or chlorinating?

Do you need food for people with special dietary
needs, such as infants, elderly, or people with
allergies?